



NEXT MEMBERS MEETING: OCTOBER 16, 2019 – 6:30PM POTLUCK



President's Message

The purpose of this organization is the betterment of community. That is the first line of Article Two: Purpose in the by-laws of The Longbranch Improvement Club. So what does that really mean and how do we go about it? We have accomplished many things over the years that improve our community and make life better for all of our residents, not just club

members. All of these accomplishments would never have happened without volunteers. Our volunteers maintain our building and marina, work with the kids at Evergreen Elementary, staff a myriad of community events and spend countless hours accomplishing that primary purpose.

What do those volunteers get for their efforts besides LIC bucks? We get satisfaction from a job well-done. We get positive feedback from our friends and neighbors, and the knowledge that we've helped make someone's life better, and made our community a more welcoming place to live and visit.

I've been thinking a lot about the benefits of volunteering that fall to our volunteers. Sometimes we can test ourselves, and try something out of our comfort zone. This is a safe environment and a good place to grow and learn. We can learn new skills, or refine skills we already have. We can get to know people that we might otherwise not engage. Working side by side with someone who has a very different background and belief system can be very rewarding. You accomplish a shared goal and learn more about your fellow club members while building community.

Studies have shown that volunteering can help counteract the effects of stress, anger and anxiety. Having a meaningful connection to another person can relieve stress, and helping and working with others can have a profound effect on psychological well-being. Staying in regular contact with others helps develop a strong support system that can protect from isolation and depression.

By measuring hormones and brain activity, researchers have discovered that being helpful to others delivers immense pleasure. Human beings are hard-wired to give to others. The more we give, the happier we feel. In addition, studies have found that volunteers tend to have a lower mortality rate than those who don't. "Older" volunteers tend to walk more, find it easier to cope with everyday tasks, have better thinking skills and are less likely to develop high blood pressure.

Continued)

President's Message (Cont'd)

There is also evidence that volunteering can lessen symptoms of chronic pain, and reduce the risk of heart disease.

So let's continue this nearly 100 year old tradition that benefits our community and ourselves. If you've never taken the lead on something, there's plenty of help and mentoring. If you've been hesitant to volunteer for a project, come join us. We have a great time and we can accomplish so much together.

Marsha

marsha@marshakremen.com

Cell: 206-419-0503



Food Bank

I want to thank those of you who contributed goods for the Food Bank, for both August and September. Unfortunately, I was out of town all of September and missed the meeting in August. That being said, I do apologize for not letting you know. After making some phone calls, I finally hooked up with Nancy Carr, and she met me at the Club House this past Tuesday morning. I gathered all the goodies and took them to the Food Bank, as I was volunteering that day. Everyone really appreciated your kindness, and it didn't take long to distribute the foods as they requested them.

However, there were several egg cartons in the donation, and we still have egg cartons, literally, stacked to the ceiling. For some reason, we are not receiving eggs from the grocery stores, and this has been true for a couple of years now. I will be sure and let you know if there is a particular need for any type of food, etc, and that should make it easier for you to select what you are going to donate.

Please know that all that you do donate is greatly appreciated.

Pat Muchmore





Longbranch Foundation – October 2019 Update

The Vision of The Longbranch Foundation (TLF) is to preserve and invest in the best of the South Key Community. The Mission of TLF is to promote and enable educational opportunities for our youth, to maintain the area's history, to improve the Filucy Bay environment, and to generally improving the quality of life for adults and children of the community. We will be mailing our once-a-year "ask" in November to give you an opportunity to support our broad mission.

There have been many questions about "Ways to Give" to improve our community. Following is an attempt to clarify some of those ways. A gift of cash is the easiest way to support your community. However, there are several ways you can donate to *The Longbranch Foundation* that will save you money when you file your taxes.

- Donating publicly traded stocks or mutual funds to The Longbranch Foundation is a smart and simple way to support the South Key Community.
- You can make a gift of appreciated securities held outright, or in a regular brokerage account—publicly traded stocks, bonds and mutual fund shares listed on the NYSE or NASDAQ exchanges — to The Longbranch Foundation, while avoiding capital gains tax, and qualifying for a charitable income tax deduction for the full fair market value. For more information go to:

<http://www.longbranchfoundation.org/ways-to-give/gifts-of-stock/>

- If you are 70½ or older, consider making a tax-free distribution to *The Longbranch Foundation* directly from your Traditional or Roth IRA Required Minimum Distribution.
- This is a fantastic strategy whether you are itemizing or not, because the required minimum distribution (RMD), which is normally added to your income, is not added to your income, yielding a better bottom line on your tax return. For more information go to:

<http://www.longbranchfoundation.org/ways-to-give/gifting-through-your-ira/>

The Longbranch Foundation cannot render tax or legal advice. If you have questions, please consult with your professional financial advisor before making a charitable gift.

Thank you for working with us to make a difference in our community.

Barb Floyd
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Dockmaster Report

Hello from the dock,

September was a whirlwind fun month at the marina. We hosted Seattle Yacht Club, Shelton Yacht club, Trawler Crawlers Yacht Club, And Day Island Yacht Club! WHEW! We will wrap up the season in October hosting Fircrest Yacht Club; for the first ever 3 scheduled trips in one summer to our marina! They are arriving to enjoy the Farm Tour with us. And also South Sound Sailing Society Halloween Cruise.

With 4 months under my belt I'm settling in well as Dockmaster, there is always more to learn and I embrace that challenge. I strive to be a good steward to our members as well as guest boaters and always welcome suggestions or ideas.

I will be creating a marina only Facebook page that I will admin and post regularly on, it will be a fun way to stay in touch with you, our visiting clubs, and guest boaters. I'm excited about this and once it's up and running I will send out the link to the page via e mail.

Big news in my household! Our youngest Son Avery graduated basic military training at Lackland Air Force Base in August and is off to specialty training in the intelligence field. Our middle son Riley and his wife Jasmine are pregnant with our first grandchild a baby girl! I truly am blessed and over the moon excited.

It's always a great day at the Longbranch Marina!

Katie Harrison
Dockmaster



Marina Report

The marina was busy this month. A lot of boats came in to visit. If you want winter moorage, now is the time to apply. Please contact Katie (dockmaster) or me if you are interested.

As you know, the farm tour is coming next week. If you get a chance, please check out the marina. We will have a tug to tour and lots of information and some memorabilia about the mosquito fleet.

Thanks to Katie for the great effort and lots of work she is putting in as the dockmaster. The guest boaters really like her and her bubbly personality. She is a BIG ray of sunshine, so, thanks Katie from all of us.

Summer is over, fall is here and that means fall and winter weather. Please don't forget to check your boats – frequently!

Thanks,
Robert Theisen
Marina Chair



Membership Report

I don't thank Mary Lemon and Ann-Marie Ugles enough for all they do in the kitchen. Thanks, ladies, and I hope you realize you are greatly appreciated.

We have some new members and returning members – so say 'hi' when you see them:

Rudy Nieves and Kate Healy-Nieves
Gary and Lynn Brownlee
Sara Thompson & Richard Gelinias
Kathy Lewis

(hmmmmm, I think we have about as many Lynn's as we have Barb's now!!!)

Summer is over, fall is here, and October starts the last quarter of the year, if you can believe that! So, everyone needs to get their volunteer hours entered into the new system

(or given to me) before October 6th so the 3rd quarter hours can be counted for LIC Bucks. If you don't want bucks, let me know – but we still need to have your hours so they are counted in the yearly totals.

Thanks, everyone, and happy volunteering. If you need hours, there are still some events in the next few months, so don't be afraid to volunteer and have fun.

Nancy Carr
Membership Chair



Events

It definitely feels like Fall is upon us! Barb and I took a little break and journeyed to Colorado for a visit. We spent a couple of nights with Karen and Phil Johnson, and celebrated Barb's birthday, which is the same day as Karen's sister. Karen and Phil send their best to everyone.

Fiber Arts is once again on the agenda and we still have a few openings on the volunteer signup sheet. Nancy Carr is coordinating the list. Please contact her to reserve your spot on this fun Saturday.

Friday, the 25th of October, is Trunk or Treat in conjunction with the Evergreen PTA. We are seeking a couple of people to staff the kitchen, to make sure the treats are stocked throughout the evening. Costumes are encouraged! Other volunteer needs for this event are minimal with the exception of the set-up and break-down of the Haunted House.

We will however need lots of backup candy for this event. Please bring your contributions to the October meeting. This will insure that we don't run out on the night of the 25th!

Until next month.

Bob & Barb
Events Co-Chairs



Building and Grounds

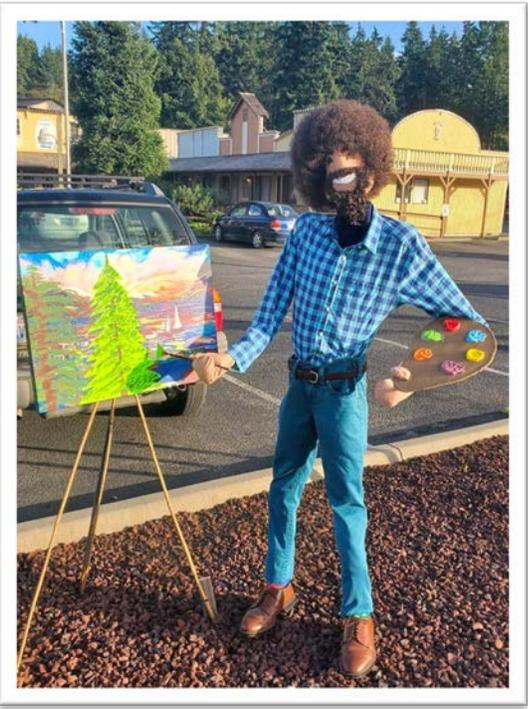
Happy October Everyone! As the weather turns, Building and Grounds will be focusing our efforts on the building - working on those projects that are needed while the rains start. On the list is replacing the outlets in the main room by the windows. Those outlets are worn out and plugs do not stay in, repiping the kitchen furnace gas lines, and replacing/adding outdoor lighting by the front and side entrances. We are also working on the master plan, and budget for next year. Major items planned for next year are; the installation of a tankless hot water heater in the kitchen, positioning a 40' container at the rear of the building for storage, installation of parking lot lighting, adding an entrance sign, and reconfiguration of parking lot entrances.

If you have a suggestion for an improvement, please send me a note! And thanks to all the volunteers who have made such great contributions of time this year!

Bob Perry
Building and Grounds

USED CLOTHING, BEDDING AND HALLOWEEN COSTUMES NEEDED

Evergreen Elementary is holding its annual Clothing Swap in their gym on Oct. 15-18. Donations of used clothing (adults and children), bedding, and Halloween costumes (to encourage "Trunk or Treat" participation!) would be greatly appreciated. Donations will be accepted at Evergreen, during school hours, beginning the Thursday before the event. (Oct. 10th)



From the Sunshine Corner

Hello All,

Sadly, since my last report to you, I have sent out two more sympathy cards.

"Every sunrise is an invitation for us to arise and brighten someone's day."

– Jhiess Krieg



LIC General Meeting September 18, 2019



Marsha Kremen, President, called the meeting to order at 7:00 p.m.

New members introduced: Rudy Nieves and Kate Healy-Nieves

Guests: Victoria Bailey, Dale Skvivanich, Norman McLoughlin, Sara Thompson and Kathy Lewis

Honored guests: Matthew Griffin, legislative assistant to Michelle Caldier

Marsha introduced the night's speaker, Nick Bond, Washington State climatologist, with Humanities Washington. The following is an excerpt from Nick's presentation, "Are Salmon Doomed? Hatching a Plan to Save a Northwest Icon":

Salmon play a fundamental role in the Pacific Northwest, but they are in trouble. Salmon were a major part of the Native American culture, and were a great and abundant resource. Because of the improvements to the canning technology made in the late 1800's, salmon could be exported as far as Europe. Today, commercial fishing is not as large as it was before. The 2017 returns were poor. Fisheries had to be shut down, with real losses for the fishers and the supply chain. Improvements are being made to the fish passages. The runs are not extinct, but we still need to worry about them. We typically have a Mediterranean climate in the PNW, with wet winters and dry summers. The lack of snow pack not only impacts the fish, but our agriculture as well. Based on model results, there will be reduced snowpack in the next couple of decades. The reductions

aren't huge, until the end of the century where we see greater problems. Big warming is predicted for the 2080's, especially if little is done to improve the environment. When the winters are wetter, a lot of run off will produce more flooding. Drier than normal summers are expected as well. This past summer weather seemed unusual. There were no heat waves, but there were 60 days where night-time temperatures were above normal. There seems to be a big change in regards to the food chain as well. Juvenile salmon going out to sea for first winter, have a higher chance of survival with cold water larvae and plankton, which are big and fat and have many more calories. The tropical or warm water larvae and plankton are not as filling, but there are more of these species in our waters than have ever been seen before. There are many predators that are threatening the salmon, such as sea lions. Although it may seem like a mixed environmental message, some sea lions may now be killed in the future, rather than harassed, as the overall population is increasing. Copper also interferes with the young salmon's sense of avoidance with predators. On a positive note, in 2015, the department of ecology worked with an irrigation district to put some of the water they were obligated to have left over up at the top, so it would have ecosystem benefits the whole way down. This has actually helped some of the streams. In the same year, Native American tribes worked together to move rocks in streams, to provide channels for the adult salmon. Now, it is

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LIC General Meeting September 18, 2019

important to figure out how to get the most bang for the buck in regards to turning streams into more natural habitats. The impression is that in Western and Eastern religions, an environmental stewardship is more important than ever before. We all want to leave a good legacy for our children. There are some success stories that we can point to. Winter time pollution in the Puget Sound has actually gone down over last couple of decades, and air quality has improved, despite the increase in population. In conclusion, climate change is happening. But by taking some action on behalf of salmon, we are helping ourselves with a clean and better environment.

BOARD REPORTS

Secretary: Kim Robinson was not present. Marsha Kremen asked that the minutes of the August meeting be accepted as written and submitted. MSP

Treasurer: Jim Hettinger stated that we are about \$21,000 over net income year-to-date.

Membership: Nancy Carr gave a Track It Forward app update. A couple of issues have been found when using an iPhone. The developer was contacted and the problem is currently being worked on and should be finished within a month. Android and PC users should have no issues. So far, everyone has been able to get in and follow the link (except Katie Harrison and we are working on that), and overall, the app has been easy to use.

Events: Bob Green stated that the Labor Day dance did not have the crowd that they had anticipated, but had over 100 people in attendance. Everyone who came had a great

time and loved the band. A yacht club who has attended past Memorial Day dances, has already made a commitment to come for Labor Day 2020, so we are ahead of the game for next year!

Fiber Arts and Farm Tour is on October 5th. Volunteers are needed. There are 20 inside booths and 20 outside booths already reserved. There will be bands playing most of the day, with outside seating. Fred is bringing some of his tractors down for display outside. There is a new vendor who will bring his welding art. Our well-known featured artist, Cecilia Blomberg, will fill the back wall with her tapestries. She is also set up at the Mustard Seed, which will be staying, while her other work will be brought here. The marina and kitchen volunteers are covered at this time. There is still a great need for volunteers for setting up, as well as during the event. The inside vendors set-up time is between 7:00-8:00 a.m. The outside vendors will set-up between 8:00-9:00 a.m. Nancy will confirm if the workers will park at the fire station. This is a great community outreach and event!

Bob and Barbara met with the Evergreen Elementary PTA regarding the Trunk or Treat event which takes place on Friday, October 25th. Individually wrapped candy donations are needed. Please no gummies or lollipops, as these tend to end up on the floor and are quite messy! There will be a box by the front door to drop off your candy when you are here for the Fiber Arts event or for the next membership meeting.

Team leads are needed for the 2020 Garage Sale and Opening Day event.

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LIC General Meeting September 18, 2019

Building & Grounds: Bob Perry is in the process of planning next year's budget. Please send him any recommendations for improvements or changes to the building and grounds.

Marina:

Katie Harrison thanked Robert Thiessen for all his hard work at the marina today. He completed a project that will make her job easier when 30 or more boats and 2 clubs come in this weekend.

Trustee at Large:

Clark Van Bogart was not present.

Newsletter:

Tanya Perry was not present, but Marsha asked that any articles you want in the newsletter be sent to Tanya by the 25th of each month.

Historian: Lynn Larson mentioned the Centennial event/events taking place in 2021. Marsha stated that a committee needs to be formed this coming January to start brainstorming.

Vice President:

David Zeigler stated that there is a marketing group that is working on specific marketing for events, as well as for the LIC, TLF and marina. Katie has some great marketing ideas for the marina, including setting up a separate Facebook page, which is already in the works. Marsha stated that it will be important to have a strategic marketing plan that coordinates with all of the different facets of our organization.

President:

Marsha Kremen gave an update on the pump-out station. The initial grant has been filed. Sheryl Low did a great job with this sizable project. Brett also put a great deal of effort in on the budget and other aspects of the grant request. We are in the initial phase, which includes permitting, surveys, shoreline issues, basic design, etc. This grant is not about any matching funds from the club. If we finish the first phase and decide we do not want to go forward, we do not have to give back any money. The next phase will cover all costs, including ongoing maintenance for 10 years. There will be no out of pocket expenses for the club. This will be a great benefit for the marina and for the water.

New Business:

There has been some concern with non-members using the LIC parking lot for their own use. If you are going to park for an extended time, please text Bob Perry the make and model of your car and the license number.

The Longbranch Foundation: Barb Floyd was not present. Marsha shared that Don Berger is forming a second committee to look at our scholarship applications. One committee will continue to look at the academic scholarships, while the other will look at vocational applications for scholarships. There will be a meeting in the next month or so to determine the best 5-year plan for the generous donations that we received from the Key Best auction.

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Anyone who would like to participate in the after school programs at Evergreen, and help kids with their reading and STEAM subjects, please contact Kim Robinson or Jan Prichard. They will be meeting with the STEAM director to find out what opportunities are available.

Upcoming Meetings & Events:

- Fiber Arts/Farm Tour – Saturday, October 5th
- Next Membership Meeting (potluck) – Wednesday, October 16th

The meeting was adjourned at 8:35 p.m.

Respectfully submitted by:
Kim Robinson
Secretary



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